

# ST. PAUL'S LUTHERAN CHURCH



# EPISTLE

May 2024

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## Online Giving

Check out the options at our giving page at <https://splccheyenne.breezechms.com/give/online>, or snap the QR code below to give online.



*For you created  
my inmost being;  
you knit me together  
in my mother's womb.*

*~ Psalm 139:13*

**Office Hours:**  
Monday–Wednesday  
8:00am–1:00pm

218 E. 19<sup>th</sup> Street  
Cheyenne, WY 82001  
[splccheyenne@gmail.com](mailto:splccheyenne@gmail.com)  
[www.stpaulscheyenne.org](http://www.stpaulscheyenne.org)



You can Call or Text us at:  
(307) 632-9212

## Filled with the Spirit

*Acts 2:4 All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.*

April showers bring May flowers...or so the saying goes. May will also bring about many milestones and transitions. The Easter season will transition into the season of Pentecost, moving us from stories of the resurrection to the promise of being accompanied by the Holy Spirit on Pentecost Sunday (May 19th).

Pentecost is a festival day kind of like Christmas or Easter. Christmas is the day we celebrate the birth of Jesus; Easter is the day we celebrate the resurrection. Then, on Pentecost we celebrate one of the big, important events that happened in the early church. Pentecost is the day we celebrate the beginning of people spreading the word about Jesus and his good news. It is an exciting day, full of wonder.

Every Pentecost since that first Pentecost has been a celebration of the church's birthday. It is the day we remember with awe how the Holy Spirit took the disciples and takes us and make us into something wonderful and powerful for God's kingdom.

As I mentioned, May is full of transitions and milestones. This month our kids and teachers are excitedly getting ready to wrap up another academic year. Seniors are finishing up those last-minute things to move into the "pomp and circumstance" of graduation. That's a huge and important milestone-one that marks an ending of one thing and opens the possibility of so many new beginnings.

It seems fitting to celebrate our graduates on the day of Pentecost. As a community of faith, you have surrounded these young adults with your care and support (as well as other adults completing advanced degrees this spring, too!). You have walked with them on an important journey and will be here for them as they come and go. And we will continue to cheer them on in love and support.

My prayer is that God will continue to surprise the world and us in this new season! May our graduates all know that we go with them as they embark on the next new things they will encounter. May they embrace the excitement and possibilities the world has to offer and how the Holy Spirit, and how God will be with them in all the things to come.

Come, Holy Spirit!

*Pastor Andrea Kragerud*



**E**ach month in the Epistle as a way to get to know me better, I invite you to ask questions! I have a list started from the Council meeting in January and welcome yours as well. Here is the fourth installation of: Get to know your Pastor!

### *FOR MAY*

**Do you have siblings?** Yes! I am a middle child, I have an older sister who is a United Methodist Pastor and lives in Cresco, Iowa with her husband Gerard. My younger brother, John, is the Owner of John's Ag Service in Humboldt, Iowa and is married to Alanna. Ashley and Kaiden are my niece and nephew. Ashley and Donny made me a Great Aunt in January with the arrival of baby Elle.

**Is there any place where you have traveled that you'd like to go back to visit?** Vienna in the summer time to take in all the music festivals, and to the Galilean countryside to live at a kibbutz and help harvest olives.

**Does pineapple belong on pizza?** Yes! My favorite combo is pepperoni, green pepper and pineapple. It gives a little spice, some crunch, and some sweet all in one.

### The B&G's Need You!



**Church  
Clean-Up  
Days!**

**The B&G's need your help!**  
We will have a dumpster from  
**Saturday, April 27th - Saturday,  
May 4th, and need "People  
Power" to help clean up our  
beautiful church!**

### Special Music Volunteers

**M**ake a joyful noise! We are looking for individuals or small groups to share special music during our summer worship months (June, July and August) Please reach out to Brenda Lyttle or Gretchen Carlson for more details and interest. We'd love to have you share your musical gifts this summer.

## *Excerpts from Sundays and Seasons*

### **SUNDAY MAY 5<sup>th</sup> – 6<sup>th</sup> Sunday of Easter**

This Sunday's image of the life the risen Christ shares with us is the image of friendship. We are called to serve others as Jesus came to serve; but for John's gospel, the image of servanthood is too hierarchical, too distant, to capture the essence of life with Christ. Friendship captures the love, the joy, the deep mutuality of the relationship into which Christ invites us. The Greeks believed that true friends are willing to die for each other. This is the mutual love of Christian community commanded by Christ and enabled by the Spirit.

#### **Readings and Psalm**

Acts 10:44-48 The Spirit poured out on the Gentiles  
 Psalm 98 Shout with joy to the Lord, all you lands. (Ps. 98:4)  
 1 John 5:1-6 The victory of faith  
 John 15:9-17 Christ the friend and lover

### **SUNDAY MAY 12<sup>th</sup> – 7<sup>th</sup> Sunday of Easter**

The gospel for Easter's seventh Sunday is always taken from the long prayer Jesus prays for his followers in John's gospel on the night before his death, and always includes Jesus' desire that his followers will be one as he and the Father are one. This oneness is not mere doctrinal agreement or institutional unity, but mutual abiding, interpenetrating life, mutual love, and joy. This oneness is the work of the Spirit whom we have received but also await. Come, Holy Spirit!

#### **Readings and Psalm**

Acts 1:15-17, 21-26 Matthias added to the apostles  
 Psalm 1 The Lord knows the way of the righteous. (Ps. 1:6)  
 1 John 5:9-13 Life in the Son of God  
 John 17:6-19 Christ's prayer for his disciples

### **SUNDAY MAY 19<sup>th</sup> – Pentecost**

Fifty days after Easter, we celebrate the outpouring of the Holy Spirit on Pentecost. Crossing all boundaries that would separate us, the Spirit brings the wideness of God's mercy to places we least expect it—to a crowd of strangers of different lands and tongues, to dry bones, to our weak hearts. Jesus promises his disciples that they will be accompanied by the Holy Spirit, and that this Spirit reveals the truth. We celebrate that we too have been visited with this same Spirit. Guided by the truth, we join together in worship, and then disperse to share the fullness of Christ's love with the world.

#### **Readings and Psalm**

Acts 2:1-21 Filled with the Spirit to tell God's deeds  
 Ezekiel 37:1-14 (alternate) Life to dry bones  
 Psalm 104:24-34, 35b Send forth your Spirit and renew the face of the earth. (Ps. 104:30)  
 Romans 8:22-27 Praying with the Spirit  
 Acts 2:1-21 (alternate) Filled with the Spirit to tell God's deeds  
 John 15:26-27; 16:4b-15 Christ sends the Spirit of truth

**SUNDAY MAY 26<sup>th</sup> – The Holy Trinity - 1<sup>st</sup> Sunday after Pentecost**

When we say God is the triune God, we are saying something about who God is beyond, before, and after the universe: that there is community within God. Our experience of this is reflected in Paul's words today. When we pray to God as Jesus prayed to his Abba (an everyday, intimate parental address), the Spirit prays within us, creating between us and God the same relationship Jesus has with the one who sent him.

**Readings and Psalm**

Isaiah 6:1-8 Isaiah's vision and call

Psalm 29 Worship the Lord in the beauty of holiness. (Ps. 29:2)

Romans 8:12-17 Living by the Spirit

John 3:1-17 Entering the reign of God through water and the Spirit

**Sunday Morning Children's Message**

**H**ave you ever thought you might be interested in leading a Children's Sermon during worship? If you have participated in the past or think this might be something you'd enjoy in the future, please let me know. I'm always happy to meet with anyone looking for ideas on what they might share, go over scriptures for that day, talk through themes and ideas that might just show up in the 'regular' sermon for that day as well. I believe it is important as a faith community to have many caring adults sharing their voices of faith with our children in a variety of ways. This is a fun and interactive way to do so! Hint: This includes Middle School ages on up. If you are interested in giving it a try, please reach out.

I'd love to have you participate in this fun and important way. ~ **P**astor Andrea

**SAVE THE DATE!**

**I**nterested in what else is going on in the greater Cheyenne community and things that our members are up to? Check out the bulletin boards in the hallway off of the Narthex near the office.

## Grace in Action

**Y**our Grace in Action team will **not** be providing document shredding this year. The expense was more than we wanted to use for this project. If you are in need of this service AARP will be hosting a document shredding on May 11th, from 9:00 a.m.—11:00 a.m. at the Cheyenne Library. Enter off 23rd Street. Please call 1-877-926-8300 or RSVP at: [event.aarp.org/cheyenneshred](http://event.aarp.org/cheyenneshred)

## Church Garden

**A**t the end of May, volunteers will be working on the planters and the flower beds. If anyone has extra plants from separating bulbs or plants, we have a space that can use some. If you have plant donations, please call Dorothy Ailes at 307-632-2647.

If you want to help, come on down!

All are welcome!



## Thank You



**T**hank you to Jane Rasmussen for the donation of funds towards plants for the outdoor garden beds!

~ **T**he B&G Committee

## 140th Anniversary Celebration News

**Y**ee Haw! The Frontier Days float is on. Jerry Carson is the coordinator, Bernie Ernst and Dennis Brunner are going to do a mock up of the little white church on the corner, the Repshire's will be provide a trailer and driver. Now we just need you! The next meeting for the float is on May 5th. Be on the look out for more information or come to the meeting.

**T**he big day July 14, 2024, (140 years!) will bring a special worship at St. Paul's and a picnic at Holliday Park. How does grilled hamburgers (veggie burgers), brats and hot dogs sound? We have a nice grill but will need some terrific chefs to grill to perfection. But, that is not all, for dessert we are having cake and homemade ice cream (yum). Do you have an ice cream maker? The congregation can bring sides to share. If you know of a former member who you would like to invite, we would love to share this special day with them!

## Did you know?

*Here are some of the things that went on in Cheyenne, and the world,  
in the 20 years before we became a church!*

- 1864** - Andrew Johnson elected President
- 1867** - Nov. - (purchased property) - Nebraska Pastor Henry Kuhns of Omaha (who was deeply loved and respected) had established 25 churches, received a deed to the General Synod for plots of land in Cheyenne from the UP Railroad. Similar lots, measuring 66 x 132 feet were sold for \$150, two of these lots were bought at 19th and House Streets by Pastor Kuhn, by the end of the year these lots were selling for \$2,500. Pastor Kuhns returned to Omaha in 1887 where he died in 1899.
- Railroad: Cheyenne was a tent city for crews installing the railroad tracks nearby and through Cheyenne. Cheyenne was known as “Hell on Wheels” during this time. The construction crews for the railroad increased the Cheyenne Population from near zero to 3,000 to 6,000 by the end of the year, with only 400 women and 200 children. As the railroad tracks construction was completed and crews then moved on the population was reduced to less than 1500 by 1870.
- 1868** - U.S. Grant elected President
- 1870** - Population of Cheyenne: 1,450, 6:1 ration of men to women.
- 1875** - The “Golden Days” in Cheyenne. Cattle ranching profitable due to prairies around Cheyenne, attracts people from east and overseas. Traffic to Dakota gold fields flows, ornate mansions built, Cheyenne becomes a boom town.
- 66 places to purchase liquor in Cheyenne
- 1876** - Battle of Little Bighorn in Montana
- Telephone Invented, Alexander Graham Bell
  - Rutherford B. Hayes elected President
- 1879** - St. John’s Catholic Church, now St. Mary’s - built stone building
- Lightbulb Invented, Thomas Edison
- 1880** - Population of Cheyenne: 3,456, 2.6:1 ration of men to women
- Over 300,000 cattle were brought from Texas to load on railroad cars east of Cheyenne. It was said that some young men considered to be “toughs” in the eastern Nebraska area came to Wyoming in the early 1880s in order to live the “Real Life”, but soon returned to their homes because life out here was too rough even for them. A man’s life was worth nothing, they said. The old jail was overflowing, it was the day of Calamity Jane and Buffalo Bill who also visited Cheyenne
  - James Garfield elected President (died from blood poisoning 2 months after being shot)
  - Chester Arthur becomes President
- 1882** - Cheyenne is one of the 1st cities in the US to use electric lighting for street lights.
- 1883** - Only known lynch mob ever in Cheyenne - Hung Henry Mosier

19th Annual

# Cheyenne Day of Giving



**Kiwanis  
Community  
House**

*Lions Park*



*Youth Event*  
**May 9th, 2024**  
3:30 - 6:30pm  
*Food, hygiene, and craft items only.*

*Main Event*  
**May 10th, 2024**  
8:00am - 4:00pm

Simply drive up and we'll unload these items



Non-Perishable  
Food



Hygiene  
Items



Eyeglasses &  
Hearing Aids



Craft  
Items



Prescription  
Medications



Used  
Furniture &  
Housewares



Medical  
Equipment  
& Supplies



Learn more or donate at:  
[cheyennedayofgiving.org](http://cheyennedayofgiving.org)

Follow us:  

**307-274-1044**

PO Box 192  
Cheyenne, WY 82003



# Other ways to give

New Socks & Underwear  
Diapers | Personal Care Items | Cell Phones

The Cheyenne Day of Giving began in 2006 as an all-volunteer effort to bring area residents together to help those who are sick or in dire financial straits. The first part of Day of Giving is the yearly event on the 2nd Friday of May and the Youth Event the day before. We ask for donations of items needed by the 16 area agencies Day of Giving helps. Donations are sorted and delivered to the agencies by the end of the day. The second part of Day of Giving is our year-round work acting as a safety net for 12 of our supported agencies by purchasing items each needs to help clients. For this work, we need financial donations, 100% of which will be spent on getting help to agency clients.

Learn more about the agencies we support



## Undie Sunday

**Undie Sunday will be celebrated at St. Paul's on both April 28th and May 5th this year! We will be collecting new underwear ("diapers to Depends") that will be taken over to the Day of Giving on May 10th. If you would rather donate non-perishable food or personal care items, please feel free to do so! Thanks for helping those in our community who need assistance in obtaining these items!**

**E**ach month we recognize one or two of our standing committees and volunteer groups. This month we give thanks to our Education and Youth Committees!

**The Education Committee** in consultation with Pastor oversees the conduct and promotion of education of all ages for the members of St Paul's in faith. Utilizing activities as Sunday school and adult education classes. The committee recruits teachers for Sunday school and other educational programs along with making sure there are adequate supplies for each of the programs. They are responsible for the process of taking applications and awarding scholarships. Education also provides new bibles for baptisms and confirmation as a gift to the family. Contact: Ann Miller, 307-630-1158 or Éric Miller, 307-630-1183.

**The Youth Committee** helps create ministry opportunities of this congregation and their friends. Organizing youth events or retreats to encourage community building, teaching Sunday school and other educational activities and programs along with church staff and Pastor about faith education needs. This committee as of late has seen inspirational growth by leaps and bounds.

**Thank you, volunteers. We appreciate your amazing and faithful work!**

## RMS Prayer Cycle

**E**ach month we pray for the rostered ministers, congregations, and ministries throughout the Rocky Mountain Synod and the larger church. In the month of May we pray for:

- ◆ All Saints - Aurora, CO
- ◆ Augustana - Denver, CO
- ◆ Bethel - Aurora, CO
- ◆ Christ the Savior - Aurora, CO
- ◆ Cross of Glory - Denver, CO
- ◆ Epiphany - Denver, CO
- ◆ HKBP Montclair - Aurora, CO
- ◆ Holy Love - Aurora, CO
- ◆ House of all Sinners and Saints - Denver, CO
- ◆ Joy - Parker, CO
- ◆ Lord of the Hills - Centennial, CO
- ◆ Messiah - Denver, CO
- ◆ New Beginnings - Denver, CO
- ◆ Our Saviors - Denver, CO
- ◆ Peace in Christ - Elizabeth, CO
- ◆ Saron - Strasburg
- ◆ St. Mark - Aurora, CO
- ◆ St. Paul - Denver, CO



**R**ocky Mountain Synod Mission Statement:

*Together we proclaim and embody God's unconditional love for the sake of the world.*

**T**o learn more about the Rocky Mountain Synod, go to:

<https://www.rmseca.org>

**F**rom the April meeting:

- **T**he Council is in it's final review of the SPLC Manual of Operations. Once the manual is approved, it will be a living document that will be updated as needed and available to anyone in the congregation to look at.
- **T**hree of our youth members will be attending the youth convention trip to New Orleans this summer.
- **T**wo scholarship applications have been submitted so far. Applications are due by May 1st and are available through the church office.
- **O**ur giving is on track for the year as well as the sound board!
- **A** Gift Policy Committee is in the process of being formed in response to the approval of our new Major Gifts Policy at the Annual Meeting on February 4th.
- **T**he 140th Celebration Committee has held two fundraisers for the celebration so far and will be submitting a budget to Council soon.
- **C**ouncil members will be taking Breeze training this year and encourage anyone who is unfamiliar with Breeze to also take the training when we host classes!
- **A** financial review will take place in the next month.

COUNCIL MEETINGS  
 6:00 p.m.  
 2<sup>nd</sup> Tuesday of the month

Meeting times and dates may change to accommodate holidays and other schedules.

**Who's Who**

COUNCIL

Judy Berkley.....Grace in Action .....307-634-0357  
 Dennis Brunner ..... Finance.....307-631-8883  
 Gretchen Carlson.....Worship & Music .....307-274-6080  
 Eileen Dinneen.....Treasurer.....307-630-2112  
 Corey Ernst.....Stewardship.....307-630-2973  
 Regina Pacheco.....Education.....307-214-9344  
 Susan Fabian.....Building & Grounds.....307-421-8156  
 John Lyttle.....Vice President.....307-631-9253  
 Jerry Carlson.....Foundation.....307-286-7711  
 Lori Schoene.....President.....307-631-1235  
 Cindy Schultz.....Fellowship.....307-640-2964  
 Gail Wilson.....Secretary.....808-286-5878



Pastor: Pastor Andrea Kragerud .....307-632-9213  
 Organist/Pianist: Gretchen Carlson .....  
 Council Clerk: Gail Wilson.....808-286-5878  
 Treasurer: Eileen Dinneen.....307-630-2112  
 Bookkeeper: Dan Nelson.....  
 Facility Manager: Louis .....  
 Office Administrator: Elizabeth Merritt.....307-632-9212  
 Epistle Editor: Elizabeth Merritt .....307-632-9212

**Birthdays**

May 4	Amy Peterson	May 24	Diana Williamson
May 5	Decker Mattimoe	May 25	Evelyn Reynolds
May 7	Regina Pacheco	May 27	David Ailes
May 10	Lori Schoene	May 28	Mariah Maxwell
May 11	Beth Sims	May 30	Colleen Eifealtd
May 14	Judd Eifealtd		
May 20	Hope Dodson		
	Denise Parrish		
	Val Seidel		
May 23	Jim Coffin		

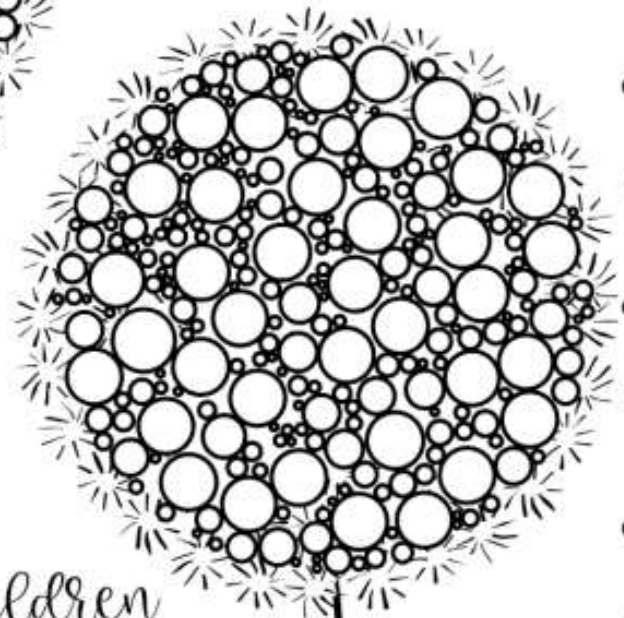
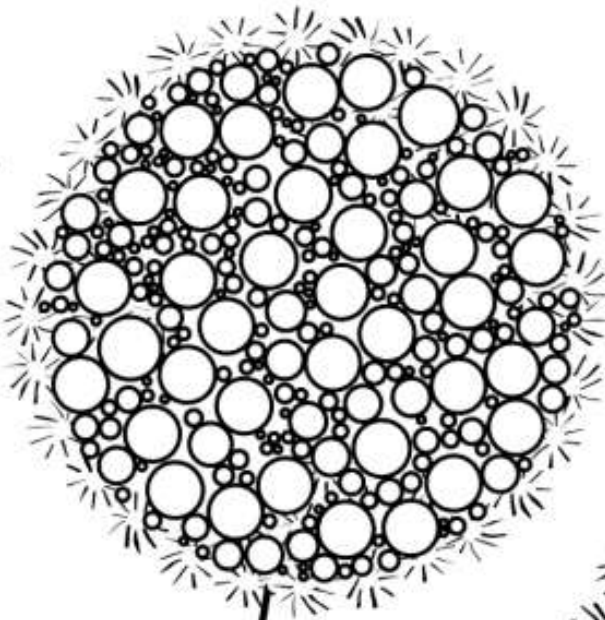


*May*  
**BIRTHDAYS**

If we have missed any birthdays,  
 please call Elizabeth at (307)632-9212.

*Wishing  
You a*

# HAPPY MOTHER'S DAY



*Her children  
arise up, and  
call her blessed:*

*Proverbs 31:28 KJV*

# May 2024 ~ Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>5</b> - 9:30am Sunday Worship - 10:45am Coffee Hour - 10:45am 140th Meeting (Float/Parade) 	<b>6</b> - 6:30pm Stewardship Meeting	<b>7</b> - 6:30pm Stewardship Meeting	<b>8</b>	<b>9</b>  - 6:30pm Bell Choir Rehearsal	<b>10</b>	<b>11</b> - 8:00am Men's Bible Study 
<b>12</b> - 8:15am Choir Rehearsal - 9:30am Sunday Worship - 10:45am Coffee Hour 	<b>13</b> - 12:00pm Quilters	<b>14</b> - 5:30pm Executive Council Meeting - 6:00pm Council Meeting	<b>15</b>	<b>16</b> - 1:00pm Cribbage - 6:30pm Bell Choir Rehearsal	<b>17</b>	<b>18</b> - 8:00am Men's Bible Study
<b>19</b> - 8:15am Choir Rehearsal - 9:30am Sunday Worship - 10:45am Coffee Hour - 10:45am 140th Anniversary Taskforce Meeting - 10:45am Grad Sunday 	<b>20</b> Pastor Andrea Out of Office - 12:00pm Quilters	<b>21</b> Pastor Andrea Out of Office - 9:00am B&G Meeting	<b>22</b> Pastor Andrea Out of Office	<b>23</b> Pastor Andrea Out of Office <b>Epistle Deadline</b> - 5:00pm Mutual Ministry Meeting - 6:30pm Bell Choir Rehearsal	<b>24</b> Pastor Andrea Out of Office	<b>25</b> Pastor Andrea Out of Office - 8:00am Men's Bible Study
<b>26</b> Pastor Andrea Out of Office - 8:15am Choir Rehearsal - 9:30am Sunday Worship - 10:45am Coffee Hour	<b>27</b> Church Office Closed 	<b>28</b> Pastor Andrea Out of Office - 5:30pm Mary's Circle - 9:30am Naomi's Circle	<b>29</b> Pastor Andrea Out of Office	<b>30</b>	<b>31</b>	



You can Call or Text us at:  
(307) 632-9212

*Find us on YouTube at:*

<https://www.youtube.com/c/StPaulsCheyenne>



St. Paul's Lutheran Church  
218 East 19<sup>th</sup> Street  
Cheyenne, WY 82001

**RETURN SERVICE REQUESTED**